



VITAMIN

B-12

SUPPLEMENT

1000 mcg

100 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults: As a dietary supplement, take one tablet daily,
preferably with a meal, or as directed by a health care professional.

Supplement Facts

Serving Size 1 Tablet

Amount per serving	% Daily Value
Vitamin B-12 (Cyanocobalamin) 1000 mcg	16,666%

Other ingredients: Di Calcium Phosphate, Cellulose, Croscarmellose
Sodium, Stearic Acid, Silica, Magnesium Stearate, Carmine.

Free of: Sugar, Corn, Gluten, Dairy, Yeast, Soy, Egg, Fragrance,
Artificial Flavors or Preservatives.

To preserve quality and freshness,
keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN



Re-order No. 370469

Rev.10/16

R-140

Control No.:

Exp. Date:

Questions or comments? 1-800-645-2158
www.rugbylaboratories.com

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